



Fairview Heights Parks & Recreation

Winter 2017 Newsletter



Family Programs

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Snowman Building
Christmas Spectacular
Easter Egg Hunt
Holiday Book Art

Active Adult Programs

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Lunch Bunch/Bingo
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Pickleball League

Youth Programs

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Mini All-Stars
Volleyball
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Safety Town

Programs for...

...kids of all ages.

Tennis Ages 6-12

Pick up a racquet and let's play some tennis! We will teach you everything you need to know about this exciting, fast paced game. Children will learn how to hit groundstrokes, volleys, and the basics of serving. Whether you are new to tennis, or if you've had a few lessons, this class will be perfect for you.

Feb. 1–Mar 8 **Wed. 6:00-6:45 p.m.** IL Gym **\$35 R/\$40 NR**
Mar. 21-Apr. 25 **Tues. 5:00-5:45 p.m.** IL Gym **\$35 R/\$40 NR**

Itty Bitty Basketball Ages 4-6

This program will introduce boys and girls to the fundamentals of basketball in a non-competitive setting. This class will help your child develop social skills such as listening and following directions as well as hand eye coordination. On a mini court children will learn the basics using a size appropriate ball and lowered nets. We will play a scrimmage on the last day. Classes will be held in the Illini School Gym.

Feb. 1-Mar. 8 **Wed. 5:00-5:45 p.m.** IL Gym **\$35 R/\$40 NR**
Mar. 21-Apr. 25 **Tues. 6:00-6:45 p.m.** IL Gym **\$35 R/\$40 NR**

Mini All-Stars Ages 4-6

Give your child a chance to play several different sports and find out where they shine! Each week we will learn the fundamentals of a different sport. Sports to be learned are: Kickball, Golf, Field Hockey, Flag Football, Tennis & Volleyball. Classes will be held in the William Holliday Gym

Mar. 22-Apr. 26 **Wed. 5:00-5:45 p.m.** WH Gym **\$35 R/\$40 NR**

Indoor Soccer Ages 6-8

Boys and girls don't hang those shin guards up just yet, we have an indoor soccer camp just for you. In this camp we will broaden skills, help develop coordination and have fun each week playing scrimmage games. Because we will be indoors, cleats are not allowed, but shin guards are strongly encouraged. Camp will be held in the William Holliday Gym.

Feb. 2-Mar. 9 **Thurs. 6:00-6:45 p.m.** WH Gym **\$35 R/\$40 NR**
Mar. 22-Apr. 26 **Wed. 6:00-6:45 p.m.** WH Gym **\$35 R/\$40 NR**

Parents Night Out Ages 3-15

Dear Parents, we think that you deserve a break. The holidays are approaching quickly, and we know you have quite a few things you need to do. Let Fairview Heights Parks & Recreation take your kids off your hands for an evening. While your children are here they can play board games, make crafts, watch a movie on our projector, and enjoy a pizza party!

Dec. 20 **Tues. 5:00-10:00 p.m.** RR **\$20 R/\$22 NR**
Feb. 14 **Tues. 5:00-10:00 p.m.** RR **\$20 R/\$22 NR**

WH Gym = William Holliday Gym R = Resident
 IL Gym = Illini Elementary Gym NR = Non-Resident
 RR = Recreation Room PT = Pontiac Gym

Pee Wee Volleyball 3rd-5th Grade

Boys and girls will learn the fundamentals of volleyball in a non-competitive setting. On a mini court, children will learn the basics using a Volley-Lite ball and a lowered net. We will play a game on the last day of class. Classes will be held in IL school gym.

Feb. 7-Mar. 14 **Tues. 6:00-6:45 p.m.** IL Gym **\$35 R/\$40 NR**

Do you want to build a snowman?!

- 1) Build a snowman.
- 2) Take a picture of a snowman.
- 3) Send the picture to parks@cofh.org

We will upload your pictures to our Facebook page. Whichever pictures get the most likes will win gift cards to area restaurants and credit towards Parks & Recreation programs.



2017 Carl Evans Memorial

Basketball League



The Fairview Heights Parks & Recreation is sponsoring the annual Carl Evans Memorial Basketball League. This league is open to boys and girls in grades 1st-4th. Children will be assigned to teams according to grade (1st & 2nd graders in one league and 3rd & 4th graders in another league).

Volunteer Coaches are needed! Please let us know if you would be willing to step up and help out. (All coaches must pass a background check) We are looking for dependable parents that want to be proactive in their child's recreational development to be volunteer coaches.

The goal of our program is for the children to learn the basics of basketball, encourage good sportsmanship and give all children in the community a chance to interact with each other.

Registration deadline is December 16th. Register Today!

Team requests are accepted, but not guaranteed.

Date	Day	Time	Location	Fee
Jan 7-Feb 25	Sat.	Mornings	PT Gym	\$50R/\$60 NR*

*Includes \$10 Late Fee

Camp



Kodiak

Camp Kodiak

Camp Kodiak is a summer day camp at Moody Park for children ages 5-12. Each week of camp will have its own unique theme that your kids will love! A typical week of camp includes exciting games, crafts to take home, one field trip, an entertainer that comes to camp, and of course fantastic food Fridays. Registration is limited so be sure to sign up your child today.

Camp Hours & Fees

Day Camp 9:00 a.m.-3:00 p.m. Weekly Cost: \$85.00	Extended Day Camp 7:00 a.m.-6:00 p.m. Weekly Cost: \$115.00
Shirt Cost: \$10.00	

Registration Deals & Deadlines

Register by:

Discount

February 3.....	\$20.00 off and free camp shirt.
March 3.....	\$10.00 off and free camp shirt.
April 7.....	Free Camp Shirt.

Register with sibling/siblings and receive \$10.00 off for each additional sibling registered.



Dates	Theme	Field Trip
Week -June 5-9	Camp Kodiak's Got Talent	The Edge
Week 2-June 12-16	Sports Week	St. Clair Bowl
Week 3-June 19-23	Wacky Water Week	Splash City
Week 4-June 26-30	Wild West	St. Louis Arch
Week 5-July 3-7	Holiday Highlights	Incredible Pizza Company
Week 6-July 10-14	Knights & Princesses	Magic House
Week 7-July 17-21	Wacky Tacky Week	Centerfield Park
Week 8-July 24-28	Around the World	Science Center
Week 9-July 31-August 4	Shipwrecked Survival	St. Louis Zoo
Week 10-August 7-11	Amazing Race	Sky Zone

Snowman Book Art

Come join us for an evening of easy art! Take an ordinary book and turn it into a beautiful holiday decoration. Give it as a gift or keep it for yourself. We will provide all the materials needed for the class. Due to the longevity of this project, we will teach you everything you need to know and get started, then you can take the rest home and finish at your own pace.



Wednesday, January 18
Ages 14 & Up
\$20.00
6:00-8:00 p.m.
Recreation Room

Wine & Cheese Party

Come enjoy a fun evening sharing, tasting and judging wine and cheese while listening to your favorite songs from the 60s and 70s. Bring your own 2 bottles of wine and cheese for the contest. Categories of red & white wines, plus cheeses and pairings will be judged. Everyone will get to vote for their favorites and the winners will receive gift cards! Crackers, snacks and your own personalized wine tasting glass are included in the price. You may bring other beverages of your choice.



Friday, March 10
Ages 21 & Up
\$10.00
7:00-9:00 p.m.
Recreation Room

Men's Golf League

Fairview Heights Parks and Recreation is offering a Men's Golf League on Thursday evenings at Stonewolf Golf Course. League starts the beginning of May and runs through August with an end of season tournament. League fee is \$125 per team. For more information or to receive a golf packet please call our office at (618) 489-2040. Captain's meeting will be held at Stonewolf Apr. 13, 6:00 p.m.



May-August
Thursday Evenings
Ages 18 & Older
\$125.00 per team
Stonewolf Golf Course

No programs spark your interest?

If you can't find any programs that interest you, or if you would like more of a program that we already offer, please give our Parks & Recreation Office a call. We would love to hear from you so we can serve you, and the community, as best as we can. We look forward to hearing from you. We appreciate your support for Fairview Heights Parks & Recreation.

Hiring Camp Counselors

Camp Kodiak will be hiring Camp Counselors for the Summer of 2017. If you are interested in applying, please read the following information that are requirements to be a Camp Kodiak Counselor.

- ◆ All counselors must be at least 18 years or older.
- ◆ Counselors must be CPR/AED and First Aid Certified, or willing to complete the training through Fairview Heights Parks & Recreation. Counselors must be creative, outgoing and be able to work well with others.
- ◆ Counselors must be a positive role model for children and maintain a strong desire to work with them in an outdoor setting.
- ◆ Counselors must be able to work weekdays from May 22 -August 11.

If you have questions about being a Camp Kodiak Counselor, or if you are interested in applying, please call the Fairview Heights Parks & Recreation Department.

Counselors-in-Training

If you are too old to attend summer camp, but too young to have a job, consider being a CIT (Counselor in Training). Counselors in training attend camp as a helper throughout the weeks of the summer; in order to be a CIT, you must meet the following guidelines.

- ◆ CIT's must be 13 years of age or older.
- ◆ Willing to assist Camp Counselors in everyday activities.
- ◆ Show responsibility, leadership and serve as a positive role model for all campers.

Being a CIT is a wonderful way to gain work experience and is a fun way to spend a week or two during the summer. To be a CIT there is a \$15.00 fee, but you will receive a free Camp Kodiak Shirt.



Volunteer Opportunities

Fairview Heights Parks & Recreation has volunteer opportunities from time to time. If you are in need of service hours for your school organization, bored looking for something to do, or if you just want to help your community we have volunteer opportunities for you. Sometimes the volunteering will be working at a special event such as our Fall Festival or Christmas Spectacular, stuffing Easter Eggs with candy for special events, or even stuffing the newsletter that you are reading right now. Give us a call to let us know if you'd be interested in volunteering, and we will give you a call when an opportunity arises.

Dogs in Parks

Many times we get asked about dog friendly parks in Fairview Heights. Some of you might not know that Pleasant Ridge Park is a dog friendly park. Pleasant Ridge Park is the perfect spot to take your four legged friends to stretch their legs and explore the wooded hiking trails. The park also offers wide open acreage for your dog to run off some of that built up energy from being inside all day. You may have your dog off-leash at the park, but your dog must be well trained and is up to date with all veterinary vaccinations. As a courtesy to all other park attendees, you must bring a doggy bag to remove any droppings your dog may leave behind. We hope you and your pup have a tail-wagging good time!

Pleasant Ridge Park
401 Pleasant Ridge Road
Fairview Heights, IL 62208



Recreation Complex

We are pleased to announce the city has selected the site for the planned Recreation Complex. After evaluating multiple sites throughout the city, a 34 acre site on the west end, located on Bunkum Road has been selected. The site is located just north of the Municipal Complex and allows for easy access for all residents, as well as visibility from Interstate 64.

The city has completed a feasibility study and plans to begin design in early 2017, with a projected ground breaking planned in mid-2017. The Recreation Complex will offer many different programs for Fairview Heights and the surrounding community. The current amenities that are being considered include: an indoor pool, splash pad, indoor & outdoor track, fitness equipment, climbing wall, aerobics, and fitness classes.

As we approach a new year, we look forward to the growth of the city and the wonderful things to come.



Recreation Room

The Recreation Room is connected to the Fairview Heights Parks & Recreation Office. The facility offers a catering style kitchen, a refrigerator, microwave, ice machine, and comfortable seating for up to 120 people. If you are looking to have a graduation party, baby shower, birthday party, or just a nice family gathering this facility will meet your needs.

Recreation Room Information

Max Occupancy.....150
 Hours.....9:00 a.m.-11:00 p.m.
 User Fee.....\$150 (Per Day)
 Security Deposit.....\$150
 Sound System.....\$25
 Projector.....\$10
 TV/DVD.....\$10

Amenities Included

12 Circular Tables
 4 Rectangular Tables
 Chairs
 Microwave
 Ice Machine
 Refrigerator/Freezer



Safety Town

Safety Town is back and better than ever! Fairview Heights Parks & Recreation, along with the Fairview Heights Elks Club will be hosting a one day safety event at Moody Park which will also include health & wellness information. The program will be geared towards children, but the whole family is invited to attend. We will have several different stations that children will be able to visit so they can learn how to stay safe. Each station will be giving away something you can take home. The first 100 children, ages 5-12, to register will receive a free bicycle helmet. Lunch will also be provided on the day of the event. Below are the just some of the organizations that will be at the event.

Fairview Heights Fire Department -The fire department will be promoting fire safety and how to stay safe during a fire. They will let you tour their fire truck and show you all of their awesome tools they use when they are fighting fires.

Fairview Heights Police Department - The police department will present some of the items on their tool belt, and what they are used for. Police Officers will show and explain some of the items in their Police vehicle, giving some children the opportunity to climb inside.

Paramedics - The paramedics will be showing off their ambulance along with the high-tech gadgets that are in it. You might even get to see what it's like to be put on a stretcher and have your heart rate monitored.

Saturday, May 20
Family Program
\$10.00 per family
10:00 a.m.-2:00 p.m.
Moody Park



Programs for...

...Active Adults, Ages 55 & Older

Lunch Bunch

Cost is \$6.00 person. Join us on the first Thursday of the month in the Recreation Room for an afternoon filled with food, friends and fun. After lunch, you can sit back and enjoy the all time favorite game of bingo. Registration is limited, please call if you are interested.

Jan 5 Meatloaf	11:00 a.m.-1:00 p.m.	RR	\$6
Feb 2 Chinese Cuisine	11:00 a.m.-1:00 p.m.	RR	\$6
Mar. 2 Corned Beef/Cabbage	11:00 a.m.-1:00 p.m.	RR	\$6
Apr. 6 Soup and Salad	11:00 a.m.-1:00 p.m.	RR	\$6

Bunco

Are you lucky with the roll of the dice? If so, this is the club for you! The Bunco Club will meet on the 2nd Wednesday of the month. Enjoy snacks & refreshments each week as you roll your luck for a chance to win gift certificates at local establishments.

Jan-Apr 2nd Wed. 10:00 a.m.-12:00 p.m. RR \$1 R/\$2 NR

Active Aging

Seniors 55 & older, lets get up and start moving! This program is an hour filled with warm ups, walk strong, chair aerobics, and arthritis exercises followed by a cool down. Please call 489-2040 to reserve your seat today!

Jan-Apr Tues. & Thurs. 9:00-9:50 a.m. RA \$1 R/\$2 NR

Valentine's Day Potluck

Enjoy great food, fellowship, and fun games! Please join in the fun with a main dish, side dish, or dessert. Singles, couples, men, women-all are welcome. After lunch we will play card games and Mexican Train Dominoes. If you are interested in coming please give us a call to make your reservation and your planned food dish. Your potluck item to share must feed between 10-15 people. We will provide meat, tea, water and coffee. You may bring your own adult beverage if you wish.

Feb. 14 Tues. 11:00 a.m.-1:00 p.m. RR \$3 R/\$4 NR

Senior Swim

All swim cards expire as of December 31, 2016. Fairview Heights residents who are 55 years and older can attend Aqua exercise classes at the Downtown YMCA center. You must obtain a Swim I.D. card before you may begin. This card will allow you to attend two classes per week. You will need to visit our office to purchase your swim card for 2017. Please call 489-2040 for additional information. You must prove residency with a valid I.D. when purchasing your card.

2017 ID Card-\$10 Per Person

RA = Recreation Annex

R = Resident

RR = Recreation Room

NR = Non-Resident

Gambling & Grub

Try your luck at the Argosy Casino, where they always have the newest games and the hottest slots. Once you've run out of money, enjoy a tasty lunch at Fast Eddie's Bon-Air. Fast Eddie's serves an assortment of grilled burgers, shish-kabobs, bratwurst and boiled shrimp, all sold at the same low prices as when they opened in 1981.

Jan. 24 Tuesday 8:30 a.m.-3:30 p.m. Alton, IL \$33.00

Blues, BBQ's and Mid-day Cruise

Let's start the day at the new National Blues Museum as we explore the blues and celebrate the genre as the foundation of all modern American music. For lunch we will wander from the museum into the Sugarfire Grill for some tasty BBQ. Because there is such a variety, lunch is on your own, but runs from \$10-\$15. We will end the day at the Route 66 Exhibit at the Missouri History Museum. In Route 66: Main Street Through St. Louis, explore the local history of this world-famous highway. Come get your kicks by learning stories about the motels, custard stands, and tourist traps that could be found along the road as it passed through St. Louis.

Feb. 22 Wed. 9:00 AM-3:30 PM St. Louis, MO \$50.00

Springfield Adventure

We will begin our day with a tour of The Dana-Thomas House, which is one of the most unique and lavish structures designed by Frank Lloyd Wright during his early Prairie period. Perhaps the most complete of all early Wright dwellings, it was never significantly altered and has over 100 pieces of original Wright-designed oak furniture, 250 examples of art glass light fixtures and lamps. Next, we will enjoy lunch at the popular Boone's Saloon. Finally, we will tour and explore the Abraham Lincoln Presidential Museum. The museum holds amazingly well-preserved artifacts that tell the entire life story of our nation's 16th president. Dedicated to the life and legacy of Abraham Lincoln, the Presidential Museum, unlike any other in the U.S., features high-tech exhibits, interactive displays, and multimedia programs, as well as a reproduction of the White House as it looked in 1861.

Mar. 22 Wed. 7:30 a.m.-4:00 p.m. Springfield, IL \$85.00

Touchstones of our Past

Enjoy a historical tour of art, architecture and beautiful gardens as we tour three of the largest and oldest cemeteries in St. Louis. Tour the Bellefontaine Cemetery, established in 1849 and sprawls over 327 acres in North St. Louis. See the gravesites of many notables like Adolphus Busch & William Clark. Bellefontaine is a level II Accredited Arboretum, boasting a greater variety of trees than the Missouri Botanical Garden. We will continue to the 1857 Calvary Cemetery which contains over 315,000 graves in its 477 acres and is one of St. Louis's largest cemeteries. The graves of many noteworthy St. Louisans, including Dredd Scott and Tennessee Williams are located here. We will enjoy a delicious lunch at Zia's on the hill, then visit the New Mount Sinai Cemetery, the largest Jewish cemetery in the region. Learn about Jewish burial customs and traditions and see family mausoleums for the St. Louis department store magnates. We will make a quick stop at the 50 year old Fed-erhofer's Bakery in Affton to pick up some tasty treats for the ride home.

Apr. 25 Tues. 9:00 AM-3:30 PM St. Louis, MO \$50.00

See the new sights...

...in Fairview Heights.



Tennis Court Update

The tennis courts at Moody Park have finally received a much needed renovation. We are happy to announce that the tennis courts have been completely redesigned, and we have even added 4 Pickleball Courts. Pickleball is the latest trend in athletics because of its fast pace and strategy involved to win the game.

The Fairview Heights Parks & Recreation Department has pickleball equipment you can rent out for a \$10.00 refundable deposit and a copy of your drivers license. We will also have copies of the rules in case you are not familiar with the sport.

Pickleball League

With the addition of the pickleball courts, we are creating a Pickleball League. The league will take place on Monday evenings during the months of April and May. The top three teams at the end of the end of the session will win cash prizes. First place will receive \$100.00, Second place will receive \$75.00, and Third place will receive \$50.00. Both men and women can compete in the league, there will not be any separation of age, gender, or ability. For more information call the Fairview Heights Parks & Recreation Department. League will have minimum of four teams.

Date	Day	Ages	Time	Location	Fee
May 8-June 26	M	18 & Older	6:00-9:00 p.m.	Moody Park	\$50.00 per team

Out with the old...

...in with the new.



New Pavilions # 1 & 5

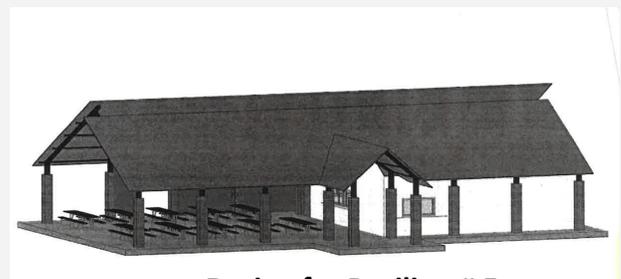
Fairview Heights Parks & Recreation will be doing a complete renovation on Pavilion # 5 at Moody Park. The old pavilion has served the community well for many years, however much needed updates were necessary.

A new 20 x 20 pavilion will be added near the playground area at Moody Park. The pavilion will make a wonderful spot to host birthday parties because of its close proximity to the beloved playground. Construction for pavilion # 1 should be completed by the spring just in time for the warm weather parties.

The newly renovated pavilion # 5 will be designed to match the pavilions that are currently at the park, and will be centered among them as well. Getting to and from all the pavilions will be much easier thanks to the paved sidewalks that will connect all the pavilions. Whether you are walking, pushing a stroller, or rolling in a wheelchair, mobility will not be a problem thanks to the ADA design.

Pavilion # 5 will have a 20 x 20 overhang that will be perfect for bands or performances at special events. The community will be pleased to know the rental of the new pavilion will still cost the same as the old pavilion. Construction of the facility will begin this winter with the expected date of completion to be in Spring.

Rental Party	Rental Season	Time	Rental Fee
Resident	Apr. 1-Oct. 31	8:00 a.m.-11:00 p.m.	\$150.00



Design for Pavilion # 5

— Fairview Heights Food Pantry —

New Location

The Fairview Heights food pantry has made the move to its new location. The food pantry is now located in the old Fairview Heights Senior Center located behind City Hall. To get to the food pantry you will have to turn onto Moody Ave. located off of Bunkum Road. Once you turn on Moody Ave., signs will direct you to the updated food pantry.

Operating Hours: Monday-Friday 9:00-11:00 a.m.

Donations/Pick-Ups

The food pantry is always in need of donations. Items that are in need include: boxed cereal, pastas, and canned goods. Non-edible items that are needed are toothbrushes, toothpaste, shampoo, soap, mouth wash and cleaning detergents.

The Fairview Heights Food Pantry is open to Fairview Heights residents only. All patrons picking up food must bring a recent piece of mail to show they are a resident.

Christmas Spectacular

Saturday, December 10th
10 a.m.—1 p.m.

at the Four Points by Sheraton

Enjoy face painting, balloon twisting, crafts, snacks, games, a caricature artist and of course a visit from SANTA!

Games 50¢, Crafts 25¢ - \$1

A variety of snacks and drinks will be available for purchase.



Have your picture taken with Santa for \$5.00

Easter Egg Hunt

Saturday, April 8
11:00 a.m. SHARP
Moody Park
Ages 2-10

For more information, please call
Fairview Heights Parks &
Recreation.
(618) 489-2040

Release & Registration Form

Payer's Name _____ DOB _____ Address _____ Home Phone _____ Mobile _____
E-mail _____ City _____ State _____ Zip _____ Daytime Contact/Phone _____

REGISTRATION PROCEDURES: Please use this form for all class fees, clinics and trips. You may either mail, register on-line, or bring this form with all fees to: Parks & Recreation, 10025 Bunkum Rd, Fairview Heights, IL 62208. Business hours are Monday-Friday from 7:30 - 4:00 p.m. PLEASE MAKE SURE TO SIGN AND DATE THIS FORM AND INCLUDE ALL FEES. Please note that when we refer to the Recreation Room, this is the old police department building. All classes are filled on a first come first serve basis. To register online, go to <https://apm.activecommunities.com/fairviewheights/> or click the direct link at www.cofh.org.

CANCELLATION POLICY: All cancellations must be submitted 7 days prior to the class/event date for a refund (unless otherwise noted) and will be subject to a 5% processing fee.

Program Name	Session	Participant's Name	Age	D.O.B	Gender	Grade	Fee	T-Shirt Size



Go to <https://apm.activecommunities.com/fairviewheights/> to register!

WAIVER AND RELEASE OF ALL CLAIMS:

Please make Checks Payable to: City of Fairview Heights

I accept full responsibility by signing below for any claim arising out of the designated class period. I do hereby waive, release and agree to hold harmless the City of Fairview Heights, the instructors and additional sponsors for any claim arising out of this class. I acknowledge that I am aware of the risks of participating in a class/league of this type. I hereby certify that the named participant is in good physical condition and able to safely participate in a class of this type. I also give my permission that any photos or videos taken from the programs may be used by the FHPR for promotional purposes.

Signature of parent or participant 18 yrs or older: _____ Date: _____

Thank you for supporting Fairview Heights Parks & Recreation